

# Preparing baby's nursery

Preparing baby's nursery is one of the most exciting jobs to do before your bundle of joy arrives. Here's a baby nursery list to help you welcome them home.

- ✧ Consider accessorising with colourful pieces and keeping the room minimal. It's easy to change some cushions and the cot will go eventually, but the walls and flooring are a bigger undertaking.
- ✧ Think about the room itself. Is it on the quiet side of the house? Does it get a lot of sunlight? Is it draughty?
- ✧ Try Pinterest to put together a board of inspiration as well as things on your wish list.
- ✧ Make a basic collage (online or with craft supplies) with your desired items and colours and move things in and out to see what works.
- ✧ Think about putting in a dimmer switch. Bright lights don't make sleepy babies.
- ✧ Check if you need to oil the door hinges if they are stiff and squeaky.
- ✧ Consider a drop-side cot or a cot with a plenty of levels.
- ✧ Assemble the cot inside the room, it might be too big to fit through the door.
- ✧ Consider a soft armchair or rocking chair for night feeds or to soothe baby.
- ✧ Consider buying a changing table or get a short chest of drawers with a baby-changing top.
- ✧ Buy a changing mat.
- ✧ Consider buying a nappy bin.



- ✧ Ensure any nursery furniture that could be pulled over by a curious baby is securely attached to the wall.
- ✧ Consider using wall decals. They peel off easily but make the room look fun instantly.
- ✧ Buy blackout blinds.
- ✧ Buy a baby gate for the door to the nursery or stairs nearby.
- ✧ Buy different types of blankets for all weather conditions.
- ✧ Buy a lamp or nightlight for late-night nappy changes.
- ✧ Buy a baby monitor and install it safely with wires out of baby's reach. Camera monitors make life so much easier.
- ✧ Buy a room thermometer if your monitor doesn't have one. Buy a fan if baby's room gets hot.
- ✧ Buy a humidifier if the air is dry. Especially good for winter babies.
- ✧ Paint the room three months before baby is due to make sure the room is fume-free. Water based or Zero VOC paints are ideal.